

Your Unfolding Now

Through teachings, chanting, meditation and inquiry learn to drop into the present moment and recognize and work with what blocks your dynamic, unfolding true nature. For those who wish readings to support their inner work our text will be *The Unfolding Now* by A.H. Almaas.

9 Sessions on Tuesdays

Oct 24, Nov 21, Dec 19, Jan 16, Feb 13, March 13, April 10, May 8, June 5.

\$125 for the series or open sessions

Oct 24 and Nov 21, \$15 each
(may be used toward the series).

6:15pm - 8:00pm COST \$125.

ANDY BAYLISS is a Life Coach specializing in mind-body pain relief and self-compassion, plays the harmonium, and loves to follow his deepest desires in song and movement.

ROD BIRNEY MD is a psychiatrist with a practice in depth psycho-therapy for over 30 years. His life's work is the integration of depth psychology, spiritual practice, neuroscience and quantum physics.

Self & Soul Center

9820A Wagner Creek Road, Talent

To register

www.selfsoulcenter.org/special-events/

